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*Better Living Through Better Science*

### **Neurobiology Formula 12397 (U.S. Patent 5,939,076)**

Researchers have found various problems, such as vascular headaches and depression, to be associated with the loss of serotonin and norepinephrine in the brain. The loss of serotonin and norepinephrine in the brain may result in a loss of vasomotor control, which allows the blood vessels in the in the head to dilate hemicranially and create pain, nausea, visual disturbances, hemiparesthesia, phonophobia, photophobia, depression, insomnia, etc. The loss of these neurotransmitters can occur as the result of several factors, such as allergic reactions, inflammatory reactions, presence of various neurotransmitter depleting chemicals (reserpine, tyramine, etc.), poor absorption of precursors that produce neurotransmitters in the brain, or poor metabolism of precursors in the brain.

The Neurobiology Formula 12397 "Part 1" is designed to supply the nutrients required to facilitate the production of serotonin in the brain. The "Part 2" of the formula is designed to supply the nutrients required to facilitate the production of norepinephrine in the brain and to decrease allergic reactions. Consequently, when lost serotonin and norepinephrine are replaced naturally, loss of vasomotor control may be prevented. Daily intake of this formula will help to maintain the preventative effect.

Neurobiology formula 12397 (Part 1) - Three capsules contain: Vitamin C (as Calcium Ascorbate) - 140 mg, Niacin as Inositol Hexanicotinate) - 78 mg, Vitamin B-6 - 170 mg, Magnesium (as Magnesium Aspartate) - 220 mg, Proprietary Blend 880 mg (Dextrose, L-5-Hydroxytryptophan, Choline Citrate, **Dimethylglycine**).

Suggested Use: As a dietary supplement, adults, orally, three capsules in the morning with food, or as directed by a physician.

Neurobiology formula 12397 (Part 2) - Three capsules contain: Vitamin C (as Calcium Ascorbate) - 160 mg, **Folic Acid** - 400 mcg, Calcium (as Calcium Citrate/Calcium Ascorbate) - 70 mg, Magnesium (as Magnesium Aspartate) - 40 mg, Copper (as Copper Gluconate) - 4 mg, Proprietary blend - 1,300 mg (L-Tyrosine, **Quercetin**, Grape Seed Concentrate).

Suggested Use: As a dietary supplement, adults, orally, three capsules in the morning with food, or as directed by a physician.

### **Detoxification and Bowel Cleansing Formula 35982**

A great number of health problems can be attributed to the exposure to toxins. Toxicity from foreign chemicals (exotoxins) can cause damage to almost all organs of the body. In addition to these external sources of toxins, the body also produces toxins internally, called endotoxins, resulting from digestion, immune system functions, stress, etc. Endotoxins may also be produced as the result of food allergies and sensitivities.

Fat-soluble toxins are easily absorbed but poorly excreted. They may accumulate in the body and cause damage to tissues and organs. Fat-soluble chemicals are converted to water-soluble chemicals by enzyme conversion in the liver in a two step process so they can be excreted.

In the first phase the fat-soluble chemicals are oxidized, reduced, or hydrolyzed by metabolic enzymes. During this phase, free radicals and toxic compounds are produced that can cause damage to organs and tissues.

In the second phase the intermediate compounds undergo enzymic conjugation. These conjugated compounds are less toxic, water-soluble, and easily excreted in the urine and bile. Phase II enzymes may also detoxify toxins directly that do not require phase I reactions. Adequate nutrients must be present during the second phase to detoxify these intermediate (bioactivated) compounds produced in the initial detoxification phase.

Often the bowel is ignored as being associated with health disorders. Constipation is such a widespread problem that laxatives are one of the highest selling drugs in this country. Just imagine food sitting on your table decaying for weeks, months and even years. What do you think will happen if you eat this food? This is analogous to food that remains in the large intestines for the same length of time. Many of the decayed materials and toxins get into the blood stream and have an adverse effect on your health. High fiber diet, plenty of water, and occasional bowel cleansing and detoxification may be necessary to maintain good health.

This formula is designed to provide adequate nutrients for detoxification and bowel cleansing.

Eight capsules contain: Vitamin C (as calcium ascorbate) - 160 mg, Vitamin E (as dl-alpha tocopheryl acat.) - 100 IU, Calcium (as calcium citrate/calcium hydroxyapatite) - 67 mg, Magnesium (as magnesium aspartate) - 40 mg, Proprietary

Blend - 4,872 mg (Psyllium Husks, Aloe Vera Latex, Cascara Sagrada, Capsicum, Valerian Root, Activated Charcoal, Lactobacillus Acidophilus, Pau D'arco, Golden Seal, Dandelion, Garlic, Milk Thistle, Licorice, Barley Grass, Alpha-Lipoic **Acid**, trimethylglycine)

**Suggested Use:** As a dietary supplement, adults, orally, eight capsules at bedtime with 12 oz. of water for 14 days, or as directed by a physician. Discontinue if you experience severe diarrhea.

**Warning:** Do not take if you are pregnant or nursing, unless directed by a physician.

### **Candida Control Formula 42799**

Candida Albicans normally resides in the intestinal tract along with E. Coli, Lactobacillus Acidophilus, Lactobacillus Bifidus, Enterococci, Coliforms, etc., aiding in the digestion of food and the production of vitamins without causing harm (provided the bacteria and fungi are present in proper balance). The use of antibiotics and other bacteriostatic agents, can destroy the bacterial flora of the intestinal tract without harming the yeast, Candida Albicans. Without the presence of significant bacterial flora, Candida Albicans can grow without control. Once, overgrowth of Candida Albicans has occurred in the intestinal tract, it forms mycelia, which are spike-like structures that allow it to penetrate the intestinal walls and enter the bloodstream. The intestinal walls become damaged from the mycelia and holes in the walls remain. After entering the blood, the Candida Albicans causes an inflammatory immune system response (allergic reaction) and chronic fatigue. Additionally, whole proteins and other large molecules can pass through the holes in the damaged intestinal walls, referred to as Increased Intestinal Permeability or Leaky Gut Syndrome, causing further allergic reactions to occur. This formula is designed to control the overgrowth of Candida Albicans.

Three capsules contain: Proprietary blend - 1,948 mg (Methylsulfonylmethane, Fructooligosaccharides, Lactobacillus Acidophilus, Pau D'arco, Undecylenic **acid**, Berberine sulfate, Grapefruit seed extract, Sorbic **acid**, Molybdenum Gluconate, Biotin)

**Suggested use:** As a dietary supplement, adults, orally, three capsules twice a day with 12 oz. of water for 15 days, then once per day thereafter, or as directed by a physician. Discontinue if you experience severe diarrhea. For best results follow a wheat free diet.

**Warning:** Do not take if you are pregnant or nursing, unless directed by a physician.

### **Calcium - Potassium Formula 10799**

There's almost nothing you can't say about potassium and calcium. The minimum daily requirements for both of these vitally essential minerals is quite high. Tablets, which have higher quantities also have binders, which may not be beneficial. Encapsulations require taking many pills. We made it easy, take 1/2 teaspoon or more with water or

juice. This formula can be used to supplement calcium and potassium. It can also be used to increase cellular pH.

1/2 teaspoon (1.8 grams) contains: Calcium (as calcium citrate) - 173 mg, Potassium (as potassium citrate) - 423 mg.

**Suggested Use:** As a dietary supplement, adults, orally, 1/2 teaspoon or more per day with 8 ounces of water or juice or as directed by a physician.

**Warning:** Persons with renal insufficiency should consult a physician before taking potassium supplements.

### **Daily Detoxification Formula 9299**

Detoxification is a daily process. The more toxins an individual is exposed to, the more nutrients they will need to detoxify the toxins. Individually, antioxidant and detoxification nutrients can be extremely costly, not to mention inconvenient and difficult to comply with. We solved that problem by putting many antioxidants and detoxification nutrients in one single formula. We couldn't put Phosphatidyl Choline in the formula because it is a liquid.

Four capsules contain: D-Alpha Tocopheryl Succinate (vitamin E) (200 iu), Trimethylglycine (**betaine**) (400 mg), L-Glutamine (400 mg), Alpha-Ketogutarate (300 mg), Alpha Lipoic **Acid** (200 mg), Methylsulfonylmethane (MSM) (200 mg), Magnesium aspartate (40 mg magnesium), Calcium Ascorbate (120 mg vitamin C), Zinc Gluconate (13 mg zinc), L-Taurine (100 mg), Pyridoxine HCl (50 mg), L-Glutathione (50 mg), Co Enzyme Q10 (30 mg), Molybdenum Gluconate (0.25 mg molybdenum), Chromium Picolinate (0.2 mg chromium), Cyancobalamin (400 mcg), **Folic Acid** (400 mcg), Sodium Selenate (50 mcg selenium).

**Suggested Use:** As a dietary supplement, adults, orally, 4 capsules per day with food or as directed by a physician. For best results take 400 mg Phosphatidyl Choline with this formula.

### **To Order Formulas Contact:**

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[Home Page](#)

